

## MENINGIOMA AND LOW GRADE SUPPORT GROUP

### WHERE?

Brain Tumour Support, 29A High Street, Thornbury BS35 2AR  
and  
NGS Macmillan Wellbeing Centre, Beaufort House, Southmead Hospital,  
Westbury upon Trym, Bristol BS10 5NB

### WHEN?

Meetings are held **quarterly** on the  
following **dates for 2018**, at each venue alternately:

**Brain Tumour Support**  
**11am-12.30pm:**

Wednesday 14th February  
Wednesday 8th August

**NGS Macmillan Wellbeing Centre**  
**7pm-8.30pm:**

Wednesday 16th May  
Wednesday 14th November

### WHO and WHAT will be there?

**Anyone affected in any way by a meningioma , non-malignant or  
low grade brain tumour is welcome.**

Sarah, your Brain Tumour Support Worker, will be there to greet you.  
The group environment is relaxed and friendly, a mixture of chat, speakers  
and sharing of information and experience – with refreshments provided too!

Rosalind and Danielle the Advanced Nurse Practitioners from  
Southmead Hospital will attend when able to.

#### **Parking and Transport:**

There is parking either onsite or nearby both venues, please contact us  
for details. If you need information about public transport or assistance in  
getting to the group, please contact us so we can discuss that with you.

*Please be aware there are stairs up to the Brain Tumour Support office.*

### Who to contact for MORE INFORMATION?

**Sarah Erskine** - Brain Tumour Support Worker  
Mobile: 07711 597164 / Tel: 01454 422701 (Support Team)  
E-mail: [sarah@braintumoursupport.co.uk](mailto:sarah@braintumoursupport.co.uk)